



TODAY'S MESSAGE:

Book of Romans: The Spirit Helps Us

Logan Holloman | Next Gen Pastor | November 16, 2025

Referenced Scripture: Romans 8:26-34, 2 Corinthians 12:8-10, John 6:38-40, Matthew 6:10

Reflection Questions:

- 1) What does it mean that “the Spirit helps us in our weakness”? What kinds of weakness might Paul be referring to here?
- 2) Why do you think Paul includes himself when he says “helps us” instead of “helps you”? What does that reveal about humility and dependence?
- 3) In what areas of life do you feel your weakness most – physically, emotionally, spiritually, relationally?
- 4) How do you usually respond when you feel weak – do you hide it, push through, or bring it before God?
- 5) Have you ever had a time when you didn’t know what to pray for? How did God meet you in that moment?
- 6) What comfort does it bring to know that both Jesus and the Holy Spirit are interceding for you?
- 7) Who might God be prompting you to intercede for right now – to pray for, reach out to, or stand beside?
- 8) “Prayer isn’t performance – it’s participation.” How can you practice that kind of prayer this week?



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